

# Bible Study - Gospel of John

The Jesus we find in John is different from the one depicted in the synoptic Gospels. Learn how Jesus is presented on two levels as you gain new insights and marvel at how Jesus was in control even as he was nailed to the cross.” This is the 2010 Edition of Dr. Mickey Efird’s study on the Gospel of John. The study time will include a 20 minute video lecture by Dr. Efird followed by discussion of materials completed in the participant workbook.

**Special Consideration:** No childcare will be provided.

**Meeting Day:** Wednesdays

**Meeting Time:** 10:00 to 11:30 am

**Start Date:** January 25th

**End Date:** March 14th

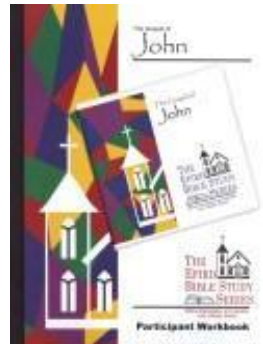
**Location:** Middle School Classroom

**Cost:** \$12.00 for participant workbook

**Led by:** Joan Neuner

**Home Phone:** 550-9092 **Mobile:** 412-2064

**Email:** joanandbears@nc.rr.com



# Creative Christians

Christian Crafters spending time in fellowship while working on a current project of each person’s choosing.

**Special Considerations:** age 13 and above, bring a craft to work on, and a snack to share.

**Friday Evening Monthly Meetings:** January 13,  
February 3, March 16

**Meeting Time:** 6:00 – 12:00 midnight

**Location:** Fellowship Hall

**Cost:** None

**Led by:** Carolyn Brown & Helen Forbes

**Phone:** Carolyn 639-0189 & Helen 553-6918

**Email:** Carolyn: usborne4you@nc.rr.com

Helen: hforbes@nc.rr.com





Divorce Care helps you recover from the pain of separation and divorce. You will become a part of a small support group who are experiencing separation and divorce. Topics include: Facing my anger, loneliness, depression, new relationships, single sexuality, forgiveness, reconciliation, growing closer to God. You'll learn how to deal with the pain of the past and look forward to rebuilding your life and future.

**Meeting Day:** Sundays

**Time:** 7:00 – 8:30 pm

**Start Date:** January 15th

**End Date:** April 8th

**Location:** Classroom beside the Choir Room

**Cost:** \$18

**Led by:** Clayton Ennis

**Phone:** 553-1027/cell 215-5293

**Email:** claytonennis@gmail.com

## Financial Peace University

Have you ever wondered where your money goes? Come learn how to better manage your money and your life. Our church is hosting Dave Ramsey's *Financial Peace Class* to teach God's way of handling money. We will watch Dave's video class then have small-group discussion. These principles apply to everyone. You will learn how to really live like never before with lessons on saving, debt elimination, investing and real estate to name a few.

**Special Consideration:** Must register to receive materials

**Meeting Day:** Mondays for 13 weeks

**Meeting Time:** 7:00 to 8:30 pm

**Start Date:** January 23rd

**End Date:** April 9th

**Location:** Mount Zion's Chapel

**Cost:** \$100.00 for materials

**Led by:** Bob Kisner

**Phone:** 819-0987

**Email:** rkisner@nc.rr.com



Financial  
Peace  
University

# Fishing Club

Our group will focus on fishing where we will discuss types of fishing, different species and techniques, along with discussing tackle and equipment. Topics will include bottom fishing, fly fishing, pond fishing, and lake fishing. We will also incorporate a devotional that is related to fishing or outdoors. Bi-monthly we will have a group outing. In the past we have fished at local ponds in the area, had a fish fry, gone pier fishing at the coast, and attended the Bass & Saltwater Fishing Expo in Raleigh. We may also have some guest speakers.

**Meeting Day:** Third Monday every month

**Meeting Time:** 7:00 to 7:45 pm

**Beginning Date:** February 20th

**End Date:** April 16th

**Location:** Middle School Classroom

**Cost:** none

**Led by:** Clarence Kinley

**Phone:** (336) 250-1246

**Email:** cktherunner@yahoo.com



# Illusion for Ministry

This group will teach you the basics of understanding, performing, and presenting a message with "magic" tricks. Special considerations: For all ages

**Meeting Day:** Sundays

**Time:** 4:00 to 5:00 pm

**Start Date:** January 15th

**End Date:** February 5th

**Location:** Parsonage

**Cost:** \$5.00

**Led by:** Leonard & Daniel Rex

**Phone:** 585-4534

**Email:** pastor.leonard@mountzion-umc.org



# MMM -

## Movement, Music, and Message

This group will teach junior and senior high school students the skills of mime and choreographed movement to be used in ministry. Participants will prepare a drama to present at a church function.

**Special Consideration:** for students 6th through 12th grade

**Meeting Day:** Sundays

**Time:** 4:00 to 5:00 pm

**Start Date:** January 15th

**End Date:** February 12th

**Location:** Middle School Classroom

**Cost:** none

**Led by:** Josiah Rex & Lisa Clark

**Phone:** 585-4534



## The Revelation of Christ

The only book of the Bible which promises you will receive a blessing by reading it is Revelation. The Pre-Trib viewpoint will be discussed. We will chart the churches, seals, trumpets and bowls for comparison. Almost no one was ready for Christ's 1st coming and He was rejected. Are you prepared for His 2nd coming?

**Meeting Day:** Tuesdays

**Meeting Time:** 7 pm

**Beginning Date:** January 17th

**Location:** 124 Mark Lane

Waverly Point Subdivision

Raleigh, NC

**Cost:** \$5.00 for "Revelation Mad Plain"  
by Dr. Woodrow Kroll

**Led by:** Sharon Faucett

**Phone:** 772-6765





## Run For God

“Run for God is a 5k challenge and a practical guide to running and a 12 week training plan aimed at running a 5k while maintaining a Christian focus. Although people run for many different reasons, this program is for those who make GOD the center of their lives - or for those who are seeking a closer relationship with Jesus.” Please visit [www.runforgod.com](http://www.runforgod.com) for complete details. On week 8 of the 12 week program, we will begin encouraging a group run on one day of the weekend as well.

**Meeting Day:** Mondays

**Meeting Time:** 7:00 to 8:00 pm

**Beginning Date:** February 6th.

**End Date:** May 6th-Race of Grace in Raleigh or May 12th - Clayton Road Race(race schedule not confirmed at time of printing.

**Location:** Fishers of Men Classroom

**Cost:** Run for God Student Book \$19.00 purchase at [www.runforgod.com](http://www.runforgod.com)

**Special Considerations:** This is a running group so please clear a goal of running a 5k with your doctor. Group leaders are experienced but are not professionals. Please contact Melissa if childcare is needed and she will check to see if it can be arranged.

**Leader:** Mellissa Cupit and Lisa Smith, guest leader on some weeks and two-time marathoner.

**Phone:** 333-4028

**Email:** [mdcupit@aol.com](mailto:mdcupit@aol.com)

# Safe People

A Study by Dr. Henry Cloud & Dr. John Townsend with insight to:

Correct things within you that jeopardize your relational security

Learn the 20 traits of unsafe people

Recognize what makes people trustworthy

Avoid unhealthy relationships

Form positive relationships

Become a safe person yourself

“Safe people” will help you restructure your approach to relationships, put an end to getting burned, and help you start enjoying the healthy, balanced relationships everyone wants and needs.

**Special Consideration:** Need to pre-register so literature can be ordered.

**Meeting Day:** Mondays

**Meeting Time:** 7:00 pm

**Start Date:** January 23rd

**End Date:** April 2nd

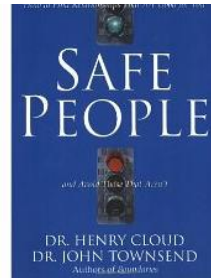
**Location:** Upstairs Classroom

**Cost:** \$22.00

**Led by:** Eugene Myers

**Phone:** 796-9342

**Email:** bobwhiteelectric@yahoo.com





# SALT Small Group

(Senior Adults Living Triumphantly)

*"You are the salt of the earth..."* (Matthew 5:13)

**The SALT** small group is open to all senior adults, and meets once a month for devotion & an outing. The cost varies based on location, and participants are also responsible for purchasing lunch. Extra drivers may be needed, depending on interest.

- Tuesday, February 7th: History in the Bible and the North Carolina Museum of History. Meet at the church at 10:00 am, return around 3:00 pm.
- Wednesday, March 14: The Story of Ruth & Mrs. Lacy's Magnolia House. Meet at the church at 10:00 am, return around 2:00 pm.
- Thursday, April 19th: For the Beauty of the Earth & Duke Chapel/Sarah P. Duke Gardens. Meet at the church at 10:00 am, return around 4:00 pm.
- Wednesday, May 16th: Clay in the Hand of the Potter & Seagrove Pottery. Meet at the church at 10:00 am, return around 5:30 pm.

# Tai-chi Exercise Class

- Gentle exercise motion, moving all muscles & joints when relaxed and not in a state of tension.
- Relaxed muscles are obtained by deep-breathing from the diaphragm.
- Tai-chi is recommended by physicians for arthritis and other painful injuries.
- It is also great for balance and stress reduction.
- We are a Christian support group for each other and invite you to enjoy us in better health.
- All exercise can be modified to each person's own needs.

**Meeting Days & Time:** Tuesday & Friday 10am,  
Thursday 7pm

**Location:** Narthex

**Cost:** Free

**Only requirement:** comfortable shoes

**Led by:** Sharon Faucett

**Phone:** 772-6765

**Email:** [sharonfaucett2@gmail.com](mailto:sharonfaucett2@gmail.com)



# The Truth Project

A twelve week DVD/discussion of how to live Biblically in the secular world. For more information log on to: [www.truthproject.com](http://www.truthproject.com)

**Meeting Day:** Sundays

**Meeting Time:** 7:15 to 8:30 pm

**Beginning Date:** January 22nd

**End Date:** April 29th

**Location:** Cantando's home

Waverly Point Subdivision

95 Line Drive, Raleigh

**Cost:** none

**Led by:** Keith Cantando

**Home Phone:** 249-3590 **Cell Phone:** 247-3589

**Email:** [kcantando@yahoo.com](mailto:kcantando@yahoo.com)





This support group is for those dealing with the difficulty of having a family member involved in substance abuse or other destructive habits. The group will be informal and requires no sign-up or specific commitment. If you know someone who might benefit from this type of support group, please pass this information along.

**Meeting Day:** Tuesdays

**Meeting Time:** 7:30 pm

**Location:** Parlor

**Cost:** none

**Led by:** James Taylor

**Phone:** 639-2725

**Email:** jtaylor021@nc