

Mount Zion United Methodist Church

MOTHER'S MORNING OUT



Every mother needs a morning out! Mother's Morning Out is a program that allows parents to enjoy a morning to themselves while their children are being cared for by other loving, responsible parents in a fun but structured environment. The program will operate on Wednesday mornings from 9 AM to 1 PM for children 18 months to 5 years old. All parents in the program will rotate being caregivers while the other moms enjoy their morning out. Membership to Mount Zion is not required; everyone in the community is invited to participate.

Dates: Every Wednesday, Sept. 7 to May 30 (see calendar for scheduled closings)

Time: 9 AM to 1 PM (snack will be provided by MMO, lunch will be provided by parent)

Cost: \$10 per month per child

Rules and Regulations:

1. In accordance with Mount Zion's Safe Sanctuaries Policy, all caregivers will be required to undergo a background check (funded by the church).
2. Children must be 18 months to 5 years old.
3. Please be prompt when dropping off and picking up your child. Recurring tardiness may result in dismissal from the program.
4. All personal property (bottles, cups, lunch boxes, toys, etc.) must be labeled with your child's first and last name.
5. Every parent with a child in the program is required to serve as a caregiver on a rotating schedule. A parent missing his/her rotation without arranging a replacement may result in dismissal from the program. The number of times a parent will have to serve as caregiver throughout the year will depend on the number of parents involved.
6. Team leaders will provide parent caregivers with a plan for the day and have materials ready upon arrival.
7. Lunch should be sent with your child, as all children will attend lunchtime. Please use ice or ice packs for items that require refrigeration.
8. Diapers and wipes will NOT be provided by MMO.
9. In case of an emergency with a child, one of the team leaders will contact the parent and stay with the child until a parent is present.
10. MMO will operate on the Johnston County School calendar provided below. In case of inclement weather, MMO will be closed if JCS are closed. MMO will operate on regular schedule when JCS are delayed. If the roads are unsafe in your area, please do not venture out.

Sick Policy:

For at least 24 hours-

No vomiting, no green mucus draining from nose or eyes, no fever!

If your child comes with one or more of these symptoms, you will be asked to take him/her home.

Discipline Policy:

1. Time Out will be the standard method of discipline. Children will be removed from the group and stay in time out for one minute for every year of their age.
2. Corporal punishment (physical punishment) will NEVER be used.
3. We understand that young children are learning to control impulses, however excessive biting or hitting that results in the injury of another child may result in dismissal from the program.
4. Incident reports will be filled out and given to parents upon pick-up for any discipline or injury related incident.

Daily Schedule:

Sign in - 9-9:15 (nursery)

Prayer - 9:15 (fellowship hall)

Snack - 9:15-9:45 (fellowship hall)

Physical Activity/Craft Time - 9:45-10:15 (nursery/chapel)

Break - 10:15-10:30

Physical Activity/Craft Time - 10:30-11 (nursery/chapel)

Story time - 11-11:30 (nursery/chapel)

Lunch - 11:30-12 (fellowship hall)

Free Play - 12-1 (nursery/chapel)

Scheduled Closings per Johnson County Schools (JCS) Calendar:

November 23 – closed (Thanksgiving Holiday)

December 21 – closed (Christmas Holiday)

December 28 – closed (Christmas Holiday)

April 4 – closed (Spring Break)

If you have any questions regarding the MMO program, please contact Wendy Hewett at wendy@hewettproperties.com.

Please sign below agreeing to follow the Rules and Regulations and confirming that you have read this information sheet and return a signed copy with your registration form to Wendy Hewett or the Church Office.

Children's Names: _____

Parent's Name: _____

Parent's Signature: _____