

## **What is Angel Food Ministries?**

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing grocery relief and financial support to communities throughout the United States. The program began in 1994 with 34 families in Monroe, Georgia (between Atlanta and Athens), and has grown to serve hundreds of thousands of families every month across 35 states. Angel Food Ministries crosses denominational lines and has spread the good news of the gospel of Christ through salvation tracts that are placed in each food order.

## **Blessings by the Box**

Angel Food is available in a quantity that can fit into a medium-sized box at \$30 per unit. Each month's menu is different than the previous month and consists of both fresh and frozen items with an average retail value of approximately \$60. Comparison shopping has been done across the country in various communities using a wide range of retail grocery stores and has resulted in the same food items costing from between \$42 and \$78.

Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month. The food is all the same high quality one could purchase

at a grocery store. There are no second-hand items, no damaged or out-dated goods, no dented cans without labels, no day-old breads and no produce that is almost too ripe.

Also offered are specialty boxes such as steaks, chicken and pork. Many participants in this bonus program appreciate the expanded choices. Additionally, **there is no limit to the number of units or bonus foods an individual can receive, and there are no applications to complete or qualifications to which participants must adhere.** Angel Food Ministries also participates in the U.S. Food Stamp program, using the Off-Line Food Stamp Voucher system.

## **How it Works.**

By buying food from first-rate suppliers at substantial volume discounts, Angel Food Ministries is able to provide families with approximately \$65 worth of quality nutritious food for \$30. Angel Food Ministries does not use out-of-date food or inferior products.

## ***ABOUT THE FOOD***

Each month's menu is different and consists of fresh, frozen and packaged food. Angel Food is purchased from the nation's top food suppliers. Providing quality, nutritious food at significant discounts on a regular basis is one practical way to give people a "hand up" during difficult times. The

cost for a box of Angel Food is \$30. There is no purchase limit for boxes of Angel Food. There are no applications or qualifications necessary to purchase.

## ***ABOUT THE VALUE***

Comparison shopping nationwide in various grocery stores has revealed that the average retail value for the same food items would be approximately \$65. Generally, one box of Angel Food assists in feeding a family of four for about one week or a single senior citizen for almost a month.

## ***ABOUT SPECIALITY BOXES***

Each month, Angel Food Ministries also offers "specialty boxes" of steak, chicken, pork or other foods. This bonus program affords participants additional food choices at a great value. There is no purchase limit for specialty boxes or bonus foods. There are no applications or qualifications necessary to purchase.

## ***FOOD STAMP PROGRAM***

To better help families in need, Angel Food Ministries participates in the Food Stamp Program. This program is designed to help low-income families buy the food they need for good nutrition. Each month, by processing the most Off-Line Food Stamp vouchers in the country, Angel Food is helping feed approximately 100,000 people in the United States.

## **PURCHASING ANGEL FOOD**

**There are no restrictions, conditions or forms to fill out to purchase Angel Food. The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site.**

### **How to Order**

- **View menu online at [www.angelfoodministries.org](http://www.angelfoodministries.org) and the Missions bulletin board.**
- **Order dates and pick up dates are posted with menu.**
- **You must bring a large box to pick up your food.**
- **To phone in an order for pick up at: Saint Andrews United Methodist Church, 1201 Maxwell Drive, Garner NC  
Contact Host Site Director:  
Tiffany Harwood (919) 772-4410 to place your order before the last date to order.**
- **Other locations are available on the website or you can contact Lisa Blauvelt for help in locating one closest to you.**

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due To Availability, Cost and Quality.

### **We Accept Food Stamps (EBT).**

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to:

USDA, Director, Office of Civil Rights,  
Washington, DC 20250-9410.



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**The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site.**

**This is an awesome ministry and great for those on a fixed income, disabled, elderly and those going thru difficult times.**

**Please visit the website for more information**

**[www.angelfoodministries.org](http://www.angelfoodministries.org)**

For questions, help finding a location closest to you, or for more information, you can contact Mt.

Zion's Mission Committee  
Chairperson:

Lisa Blauvelt at 662-1578

Monthly Menus with order and pick up dates will be posted on Mt. Zion's Mission Bulletin Board located in the Fellowship Hall.